


TEMPLETON SENIOR CENTER - MAY 2015

225 Wiggington Road- Days and Hours vary as listed

Lynn Fox, Senior Recreation Specialist; Marsha Berry & Krista Johnson, Recreation Specialists - 434-455-4115

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OLDER AMERICANS MONTH CELEBRATION at Miller Center MAY 7 ~ 10:30am-1:00pm Community Conversation/Meeting. Free Lunch, outdoor games, music at pavilion. Register for Lunch by 5/5. See Newsletter for details.				1 9:30 Chair Exercise Video 9:30 Canasta 10:00 Bridge Club
4 9:30 Chair Exercise Video 9:30 Inter. Bridge #1 w/Phyllis Moldenke 12:30 Bridge Club 5:00 Zumba w/Kirsten Eubank	5 8:15 Yoga w/Debbie Ladd 9:30 Chair Exercise Video & Social Bridge 10:30 Bocce ball on the Lawn 12:00 Zumba at Noon w/Gulshan Ari 5:30 Cardio Fit & Tone Exercise Class w/Mary Harris	6 1:30 Beginning Bridge # 1 w/ Phyllis Moldenke 5:00 Zumba 7:00 pm Bridge Club	7 9:30 Chair Exercise, Mahjong & Social Bridge 10:30 Celebration @ Miller Center 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class 6:30 Watercolor Basics #1 w/Betty Leary	8 9:30 Chair Exercise Video 9:30 Canasta 10:00 Bridge Club
11 9:30 Chair Exercise Video 9:30 Inter. Bridge #2 10:30 Beading with Jamie-Beach themed bracelets. \$10.00 Reg. & pay by 5/8. 12:30 Bridge Club 5:00 Zumba	12 8:15 Yoga 9:30 Chair Exercise Video & Social Bridge 10:30 Nutrition as You Age w/Jeanell Smith 10:30 Bocce ball 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class	13 10:30 Current Issues & Events 1:30 Beginning Bridge #2 5:00 Zumba 7:00 pm Bridge Club	14 9:30 Chair Exercise, Mahjong & Social Bridge 10:30 Literature for Life 10:30 Cooking for One w/Susan Prillaman \$5.00 Reg. & pay by 5/12 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class No watercolors tonight	15 9:30 Chair Exercise Video 9:30 Canasta 10:00 Bridge Club SATURDAY 16 SUMMER CONCERT SERIES Tribute to Sinatra w/Greg Kirby
18 9:30 Chair Exercise Video 9:30 Inter. Bridge #3 12:30 Bridge Club 5:00 Zumba	19 8:15 Yoga 9:30 Chair Exercise Video & Social Bridge 10:30 Reverse Mortgages Program w/Rayetta & Phil Webb 10:30 Bocce ball 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class	20 1:30 Beginning Bridge #3 5:00 Zumba 6:30 Intro to Oil Painting #1 w/Rodney Laughon 7:00 pm Bridge Club	21 9:30 Chair Exercise, Mahjong & Social Bridge 10:30 Experiencing India w/Gulshan Ari 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class 6:30 Watercolor Basics #2	22 9:30 Chair Exercise Video 9:30 Canasta 10:00 Bridge Club
25 Center and City Offices Closed for the Holiday  12:30 Bridge Club only	26 8:15 Yoga 9:30 Chair Exercise Video & Social Bridge 10:30 Bocce ball 11:30 Personal Pizza Lunch \$4.00 Reg. & Pay for lunch by 5/22. 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class	27 10:00 Genealogy on the Web # 1 w/ Marsha Berry 10:30 Current Issues & Events 1:30 Beginning Bridge #4 5:00 Zumba 6:30 Intro to Oil Painting #2 7:00 pm Bridge Club	28 9:30 Chair Exercise, Mahjong & Social Bridge 12:00 Zumba at Noon 5:30 Cardio Fit & Tone Exercise Class 6:30 Watercolor Basics #3	29 9:30 Chair Exercise Video 9:30 Canasta 10:00 Bridge Club